



Topic Talks

Workplace Safety

Every workplace has its risks. Healthcare settings are no exception. There continue to be alarming rates of serious injury claims from Australian healthcare workers. This week, let's learn more about workplace safety.

Some facts:

- There are over 350 serious injury claims by healthcare workers each week
- 29% are upper limbs injuries
- 29% are back injuries
- 41% of claims are due to muscular stress while handling objects
- 5% of claims were as a result of being assaulted

Common hazards and risks in healthcare and hospitals

- Lifting, supporting and moving patients
- Moving and handling equipment such as wheelchairs and trolleys
- Work-related stress
- Occupational violence
- Slips, trips and falls
- Bullying and harassment

Let's talk

Suggested questions to ask yourself or your peers this week



• How would you rate your level of understanding of this topic?

Watch a webinar, listen to a podcast, look at the websites. Learn something new.

• Have you ever been injured at work?

Think about what happened and why it happened. How might this be avoided in the future?

• What is the process, in your organisation, if you suffer an injury at work?

Find out what the process is, how to access it and what support is available.

• What are 2 new pieces of information you have learned about the topic this week?

Think about what you have learned. How can you use this learning going forward?

Loddon Mallee Activities and Resources



What's on the Web?



References:



Tuesdays@2 Webinar

Tuesday 27th April: Join the webinar via the [Bendigo Health Website](#)

or via zoom <https://bendigohealth.zoom.us/j/93324155450?pwd=Nm9iSUZmSEl4enJHWFRheWRtaTdaUT09>

Speaker: Heidi Hine BH Director Occupational Health and Safety

Topic: Healthcare worker injury: what the data tells us

- **Safe Work Australia: World day for safety and health at Work, 28th April 2021.** More information here <https://www.safeworkaustralia.gov.au/doc/2021-world-day-safety-and-health-work-and-workers-memorial-day-a4-poster>
- **United Nations: World Day for Safety and Health At Work 28th April** <https://www.un.org/en/observances/work-safety-day>

Webcasts:

- Safe Work Australia (2021) The Virtual Seminar Series <https://www.safeworkaustralia.gov.au/vss>
- Devex (2 Oct 2020) How to move the needle on health worker safety [1:24:08] <https://youtu.be/41NHn8EHW3o>
- Worksafe QLD (18 June 2019) The Health Benefits of Work and Suitable Duties Webinar <https://youtu.be/2-dZLUzS6QI>
- Worksafe QLD (12 Oct 2017) Emotionally challenging work - managing the risk <https://youtu.be/WSe8kpfNgH0>
- Worksafe QLD (20 August 2019) Occupational Violence: What are the courts telling us? <https://youtu.be/wb6UNZgTjeA>

Podcasts:

- CCOHS (Jan 2021) Recognising and Preventing Workplace Harassment and Violence [10:18 min] https://traffic.libsyn.com/secure/ccohs/174_HarassmentViolence_English.mp3
- Safety and Health (2021) On the safe side podcast episode 13: Situational Awareness on the job and safety leadership amid COVID-19 [30:12min] <https://soundcloud.com/safety-health/on-the-safe-side-episode-13-situational-awareness-on-the-job-and-safety-leadership-amid-covid-19>

Web Sites:

[Safework Australia](#)

Work Safe Victoria <https://www.worksafe.vic.gov.au/>

- Safe Work Australia (2020) Infographic: Serious claims in healthcare <https://www.safeworkaustralia.gov.au/doc/infographic-serious-claims-healthcare>
- Worksafe Victoria (2021) Healthcare and Social Assistance <https://www.worksafe.vic.gov.au/healthcare>